

REGIONAL DIRECTOR BIOGRAPHY

Marie Cartwright

London South Region



Greetings to you all!

I have been in the physical therapy industry for over 12 years after packing my suits and boots from a legal career in the City.

Since my early days as an athlete, I had always been fascinated by what our bodies can endure and what we can make it do, so changing careers from being a lawyer to being a sports therapist was an easy choice because that's where the heart is. Over the years I have built my career as an injury-prevention specialist. I draw upon my background in fitness as well as strength & conditioning and athletics coaching to tailor specific sessions for my clients. I see people from all walks of life and try to be consistent in my service delivery whether they are elite athletes or sedentary office workers, or weekend warriors, or artists, musicians, students. I have been part of many UK and International sporting events and what I have enjoyed the most was the sharing of experience within the team members and fellow practitioners.

This is what I would like to replicate in South London: build a fantastic, friendly and interactive platform for exchange and learning, including CPD events and seasonal socials. Two key words here are "friendly" and "exchange", which means that I will be counting on your input and interaction to implement ideas and trigger positive change. In return, I promise to give you my attention, give a voice to everyone so that together we can make our region a great one! Looking forward to knowing more about you.

Know more about me: <http://www.mariecartwright.com>